# **National Careers Service**



## What is the National Careers Service?

The National Careers Service provides high quality free impartial advice and guidance (IAG) to help citizens make decisions on learning, training, and work.

The National Careers Service is for ALL adults in England, agreed 19 and over, whatever their prior skills, qualifications, or employment status. The provision they offer includes:

- A universal, one stop service as available to all customers
- It is delivered by qualified (level 4 to 6) careers advisers.
- Young people (13 to 18) can access local IAG careers service offer that complements the careers education they receive in their school/college via the telephone and webchat channels. For ages 13 to 18 you can contact the National Careers Service on 0800 100 900.

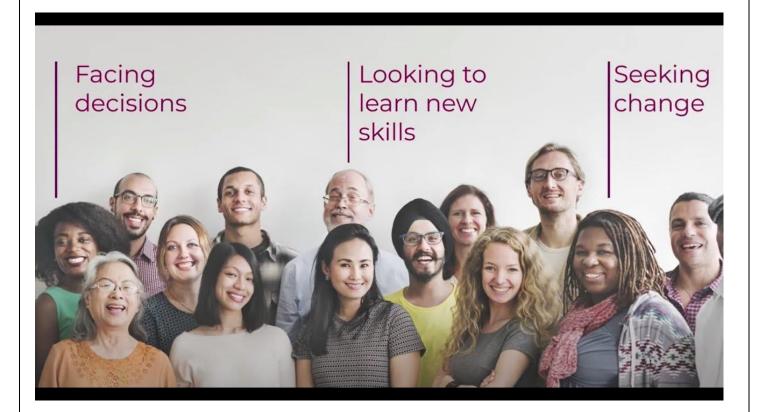
### **Their Services**

Within these provisions the services they offer include:

- Self-awareness -through in-depth skills careers reviews and diagnostics
- Career progression (including specialist advice for apprentices/50+ workforce/younger people/single parents/people that have SEND disabilities)
- Education and funding options
- Training and funding options
- CV support
- Redundancy support
- Self-employment
- Interview training
- Disclosure and resettlement advice
- Online profiles and social medial
- Job application
- Job searching
- Labour Market Intelligence and information
- Apprenticeships

HELP ASSISTANCE SUPPORT ADVICE

A shared aim of the above services is to support everyone with their health and wellbeing, confidence, motivation, and resilience to enhance career progression and individual goals.



#### **Further information:**

https://nationalcareers.service.gov.uk/careers-advice

https://skillsforlife.campaign.gov.uk/courses/national-careers-service/

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#### **Skills Assessment**

Learn more about your existing skills and match them to potential careers by taking one of the National Careers Service Skills Assessments.

#### **Find a Course**

Find a course for you, including Free Courses for Jobs, The Skills Toolkit and Essential Skills courses in Digital, Numeracy and English.

Assess your skills

Look for courses

**Explore Careers** 

Explore over 800 career profiles to discover what jobs in different sectors involve and whether it's the right job for you.

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Search job profiles

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https://jobhelp.campaign.gov.uk/government-services/national-careers-service/

https://app.10to8.com/book/nationalcareersserviceem/



# **Contact us** Call 0800 100 900 to speak to an adviser