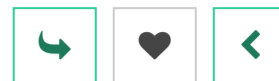


1

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Delivery person



Delivery people collect items and deliver them to customers, usually travelling by car, van, bike or scooter.



What you'll do

You may deliver parcels, letters and documents, takeout food, groceries, furniture or equipment. This could be for postal or courier services, supermarkets or retailers.

Your day-to-day tasks may include:

- collecting goods from a depot, warehouse or pick-up point
- loading the vehicle in an order that matches the deliveries you'll make
- planning the route
- greeting customers, getting signatures and giving invoices when you deliver
- recording mileage and fuel you buy
- updating delivery records
- returning undelivered items

Record relevant activities you've already done on the [Activities tool](#) >

Working hours and environment

You'll usually work between 36 and 48 hours a week, including evenings and weekends. Some courier companies may expect you to drive through the night.

For safety reasons there are legal limits on [drivers' hours](#), depending on the type of vehicle.

For some jobs, you'll be given a uniform and specialist clothing.

The job is physically demanding.

Career path and progression

With experience, you could complete training for a large goods vehicle (LGV) licence for opportunities in freight transport and tanker driving.

If you take specialist training, like defensive driving and personal security, you could drive vehicles containing cash and valuable items. You'd also usually need a [Security Industry Association \(SIA\)](#) licence for this.

Skills required

You'll need:

- excellent practical driving skills (if driving)
- the ability to work quickly and to tight deadlines
- lifting and carrying skills
- the ability to complete record sheets and paperwork

Got evidence of these skills? Record your examples on the [Skills tool](#) >

Entry requirements

There are no set qualifications but you'll usually need:

- basic English and maths skills
- a good driving record and the [correct licence](#)

You may need to be over 21 and have held a full driving licence for at least 12 months.

Many vans are less than 3,500kg. If you drive vehicles [between 3,500kg and 7,000kg](#), you may need further training depending on when you passed your driving test.

You could get into this job through an [apprenticeship](#).

Related Know-how guides

Explore Know-how guides related to this career:

- [Employer profile: Asda, the UK's third biggest food retailer](#) >
- [Employer profile: Warburtons, Britain's largest bakery brand](#) >

Related career profiles

You may also be interested in:

- [Chauffeur](#) >
- [Bus or coach driver](#) >
- [Large goods vehicle driver](#) >

Explore

Want to see what relevant education and training opportunities are available right now? Search here:

Apprenticeships:

[UK](#) >

Labour Market Information (LMI)

Current and predicted figures relating to the Delivery person profession. Median averages are shown, each with the specific career, or group of careers, that they apply to.

● UK USA

Jobs

Road transport drivers

937,847

 8,136 in your local area of Liverpool

Top 5 local areas

1	Kent	23,750
2	Essex	23,454
3	Birmingham	20,614
4	Lancashire	19,205
5	Hampshire	18,027

Salaries

Delivery drivers and couriers

£25,209

Road transport drivers

£32,082

 £32,128 in your region of North West

Top 3 regions

1	London	£37,207
2	East of England	£33,659
3	East Midlands	£33,075

Growth

2020-2035

Transport and mobile machine drivers and operatives

+ .1%

 1,160 jobs

 +1.6% in your region of North West, an increase of 2,622 jobs

Save to Favourites? 

You haven't favourited any Careers library profiles yet

People also liked...

Those that liked this career profile also liked the following



Large goods vehicle driver

Large goods vehicle (LGV) and heavy goods vehicle (HGV) lorry drivers transport and deliver goods between suppliers and customers.

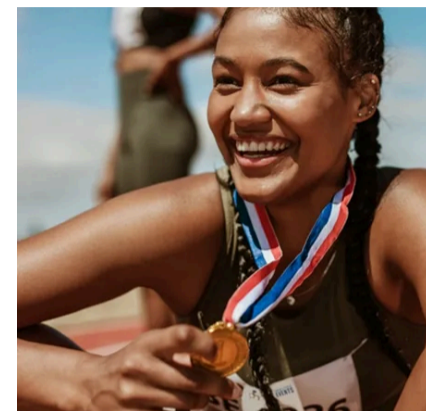
[Read the profile >](#)



Builder

Builders construct and repair houses and buildings. They often specialise in one or a handful of areas of building work, for example plastering, fitting bathrooms, installing windows or laying floors.

[Read the profile >](#)



Sports professional

Sports professionals are paid to train in their chosen sport.

[Read the profile >](#)